



DHH Volunteer NEWS



INSIDE:

- ✦ DHH happenings and ways YOU could help!
- ✦ Hospice e-Learning from the comfort of your own home! Check out 5 on-line resources.
- ✦ What's the Difference between Community and Residential Hospices... besides beds ;)
- ✦ 'M.A.I.D'. in Canada - Physician Assisted Dying - a look at what's happening as the June 6 Federal legislation deadline looms.

(Note: an asterisk (*) marks a link to more info. Links are listed on the last page and in the covering email.)



Hopefully, by the time you read THIS e-News edition we will be more convinced that *SPRING* has *finally* arrived!!!

No doubt, you'll notice a number of places in this edition, where the upcoming Hike for Hospice (H4H) is highlighted. For DHH, the opportunity to join this nation-wide awareness and fundraising event is OUR opportunity to (1) build upon our past H4H events, (2) let the community know who WE are and what DHH does, and (3) bring in MUCH-NEEDED funding so that we can continue to offer the programs and services we do - free of charge. This year, we're up against 'Goliath'-sized competition, as Southlake Foundation's *Run or Walk for Southlake* happens at the same time. If you're unable to come out, please consider [donating to the hike](#)* or, share our new DHH [Go Fund Me](#) link!*

Since it is anticipated that by this time next year, the construction of a residential hospice will be well under way, it seemed a good idea to detail some of the *differences* between what residential and non-residential hospices offer their community. BOTH have many (though unique) services to offer.

Meanwhile, another HUGE change affecting EOL in Canada will soon be realized. As one report stated, the June 6 deadline for a 'uniquely Canadian' legislation governing physician-hastened death is fast approaching and generations to come will be affected. Striking a balance between how to regulate legislating this new aspect of medicine while respecting the Charter Rights of every Canadian...is NO EASY TASK! No doubt, this e-news will continue to report on the changes coming to our country *and* our community in light of this new legislation and a new 10-bed residential hospice coming to York Region.

Enjoy and THANKS for READING!

Susan



ADMIN SUPPORT
is
Urgently Needed

Title Sponsor presents

TEE-OFF FOR HOSPICE

Sponsored in part by our Gold Sponsors

Doane House Hospice
14th Annual Golf Tournament
Silver Lakes Golf and Country Club
21114 Yonge St., East Gwillimbury
Wednesday, June 15, 2016
Tee-Off at 8:30 a.m.
\$195 per golfer

Registration includes:
Golf Cart
Themed Buffet Lunch
Prizes
Haffle
A day of conversation

Register at
Doane House Hospice
905-967-0259
www.doanehospice.org

Hike for Hospice Palliative Care

Come hike with us!

SUNDAY, MAY 1, 2016
Hospice palliative care helps to relieve suffering and improve end-of-life care for all Canadians.

Hike 4 Hospice

With Family With Friends

Pet Friendly

Join
Doane House Hospice at Fairy Lake,
Water St. Newmarket, ON

With a Team

- Sunday, May 1, 2016
- Registration: 9:30 a.m.
- Event time: 11:00 a.m.
- Click on link below to register on line
- <http://chpca.com/DoaneHouseHospice>
- Or Call 905-967-0259 to register
- www.doanehospice.org

All proceeds from the Hike directly support programs services, which are offered at Doane House Hospice, at no cost.

Canadian Hospice Palliative Care Association
Association canadienne de soins palliatifs
www.chpca-acsp.org/hike

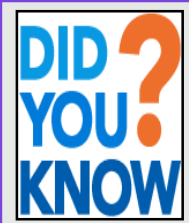
gsk #hike4hospice

NATIONAL HOSPICE PALLIATIVE CARE WEEK, MAY 1-7, 2016

1 VOLUNTEER	OFFICE ADMIN. HELP	Each week: Wednesday afternoons 12:30 - 4:30 pm
1 VOLUNTEER	OFFICE ADMIN. HELP	Each week: Tuesday mornings 9:30 am - 12:30 pm

Walkers & Pledges NEEDED
for the May 1st **Hike for Hospice!**
JOIN US! - Wear PURPLE!!!

Client Volunteers needed – for weekday day visits.



...about
WALK and
TALK
WEDNESDAYS?



This ongoing bereavement Program meets every Wednesday @ 9:00 at Fairy Lake. If you know someone who might like to join

this therapeutic walking session, let them know!
Optional stop at the Maid's Cottage (Main St.) afterwards.

Are you interested in
VOLUNTEER BEREAVEMENT TRAINING?



DHH needs more Bereavement Volunteers. Please contact Juliet about Bereavement Volunteer Training for

HIKE FOR HOSPICE PALLIATIVE CARE

MAY 1, 2016

Come Hike With Us

CLICK HERE TO DONATE!*



How about starting a 'GOOD READS' LIST for DHH VOLUNTEERS

Books should pertain to hospice/bereavement. Let's start a list. Email your suggestion and *WHY* you'd recommend it to others.

ONE submission SO FAR (details in the Café)

If *YOUR* recommendation makes the list - your name will be entered into a draw to **WIN** a Chapters/Indigo **GIFT CARD**. Draw to take place during the

VOLUNTEER APPRECIATION CELEBRATION

September 13th - Save the date...



time courses teaching education social
 objects web example information assessment term devices
 E-LEARNING content easily
 electronic online knowledge computers virtual support
 classroom internet system software elearning
 work cost



e-Learning IN the COMFORT
 of YOUR OWN HOME!!!

Check out these 5 options.



ONLINE RESOURCES!
 Have a

Canadian Hospice Palliative Care Association
 Association canadienne de soins palliatifs

Hospice Palliative
 Care Volunteers:
 A Training Program

Like everything, else these days, the 'interweb' holds a tsunami of information on any topic – including resources for Hospice Volunteers! Don't forget the Volunteer Café! Log in every so often to see what's changed in the Training and Education or Resources page. Here's a bit about these 5 suggestions and what you can expect to find there:

ehospice 2012
 Palliative care news,
 views and inspiration
 from around the world

The Canadian Hospice Palliative Care Association (CHPCA) is the Federal equivalent of Ontario's HPCO (see March

eNews) Find advocacy, awareness, etc., here. Check *News and Events* for several training videos. There's a section just for VOLUNTEERS! Registration and \$10, gets you into an on-line Training Program!

CANADIAN
 Virtual Hospice
 Information and support on palliative
 and end-of-life care, loss and grief.

e-hospice takes the whole learning experience to a global level! SO MUCH HERE!!! And a great search page. Just input your query – by topic/country etc. Register to receive their monthly e-newsletter!

Life & Death Matters
 Increasing the capacity of individuals to
 provide excellent care for the dying.

The Canadian Virtual Hospice provides support and personalized information about palliative and EOL care to patients, family members, health care providers, researchers and educators. EXTENSIVE!

Life and Death Matters is as an education consulting company with a focus on EOL care. Sign up to receive their blog posts and/or check the website under *Education* for videos and articles.

what's your
 grief?

What's your grief? is a spunky website, indeed! It certainly delivers on it's mission "to promote grief education, exploration, and expression in both practical and creative ways." Articles, blogs, Photogrief, Podcasts. *All* these, covering *all* aspects can be found by searching this site!

HOSPICE...

COMMUNITY, NON-RESIDENCIAL, RESIDENTIAL - what's the DIFFERENCE??

When you say to someone "I volunteer at a HOSPICE," do they look puzzled?

Can you explain...

what a HOSPICE IS? ...

or,

what a COMMUNITY HOSPICE OFFERS?



vs. WHAT'S OFFERED at RESIDENTIAL HOSPICES???

Biggest difference?
BEDS!!

Residential Hospices (RH) provide individuals living with a life-limiting illness with 24-hour, end-of-life care in a home-like environment during their last weeks of life. They offer person-centered care focused on quality of life. In 1998, Hill House Hospice paved the way with a 3-bed RH in an unassuming bungalow on a tree-lined street in Richmond Hill. Since then, it's been York Region's only RH. These days, 10-bed facilities with private care-suites are

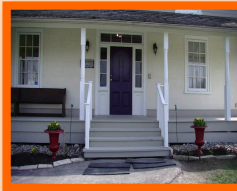
being built across the province.

Like non-bed hospices, RH care-strategies involve supporting the client's physical, psychological, emotional, spiritual, cultural, practical/functional, cultural, and



informational needs for quality-living while dying. RH care is provided by:

palliative care physicians, registered nurses (RNs), registered practical nurses (RPNs), personal support workers (PSWs), specially trained volunteers and a nutrition



You need only look at a DHH brochure to see all that a Community or non-residential hospice (NRH) has to offer.

No two are alike. Some have 'in-house' programs with the addition of complementary services (ex. Reiki). Others are primarily resources connecting clients with trained volunteers for 1:1 visits in the client's home.



We may support a client and their family members including: primary caregiver, parent, spouse and children. Our supportive connection and services might begin upon client diagnosis; continue through illness and continue as bereavement support after death. A DHH client might attend day programs (such as Oasis or Mind-Body Connection) or be matched 1:1 with an accredited home-visiting volunteer. Family members might join our caregiver support or art therapy programs.



For the most part, there are **NO FEES** for programs or services. It's important to note, though, that all **bereavement, psychosocial and spiritual support**

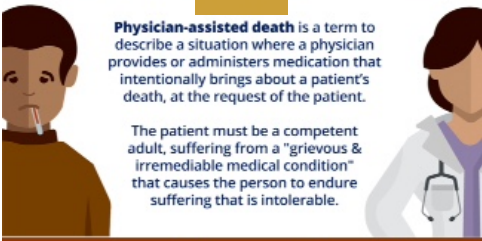
programs DO NOT receive provincial funding. If offered, their funding comes entirely through private donations.

You can see how, despite having BEDS, **Community Hospices** have a **LOT** to offer!



What is PHYSICIAN- ASSISTED DEATH?

#1



Physician-assisted death is a term to describe a situation where a physician provides or administers medication that intentionally brings about a patient's death, at the request of the patient.

The patient must be a competent adult, suffering from a "grievous & irremediable medical condition" that causes the person to endure suffering that is intolerable.

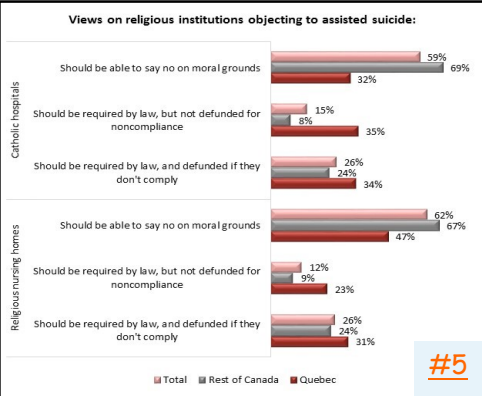
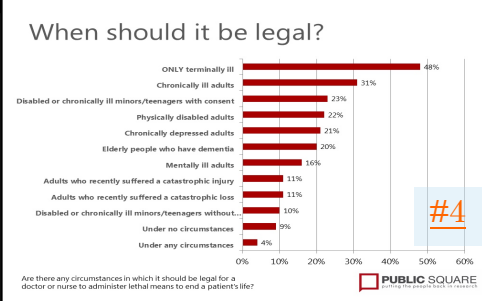
How did we get here?



"doctors are trained to preserve life or improve quality of life... not to deliberately kill patients" #2

Dr Nicholas Cooling, Senior Lecturer and GP

Exposing Vulnerable People #3



'M.A.I.D.' - HOW DID WE GET HERE? WHERE ARE WE AT SO FAR?

Here's some answers as reported recently:

In Feb. 2015, the Supreme Court's *Carter vs. Canada** ruling, decreed that Canadians with grievous and irremediable medical conditions who are enduring intolerable suffering have a right to die with a doctor's help – and Canada's current criminal prohibition on assisted death violates those rights. They made Feb 6, 2016 the initial deadline for crafting new Federal legislation but agreed to the new Liberal-majority's request for a 4-month extension – ending June 6.

A special joint Senate-Commons committee was tasked with creating a report in order to inform and advise. They heard from 62 witnesses, received 120 briefs and, on Feb 25, 2016 unanimously produced a report with 21 recommendations.* Not all agreed with the content. (Click on the sidebar image #'s for links to additional information relating to them).

Recently, the Canadian Press reported unidentified source's prediction of a mid-April unveiling of drafted legislation. PM Trudeau's recent comment: "as Liberals, we stand to defend an individual's right, but also need to make sure we're protecting the most vulnerable," indicates his Gov't's rejection of some of the Feb. 25th report's recommendations. PM Trudeau anticipates "a fulsome, responsible debate that involves the voices that need to be heard on this issue." The Liberal government had initially ordered a 'whipped vote' which would have required all Liberal MPs to 'tow the party line' and vote for the legislation. At this point, the decision of a whipped or free vote is undecided*.

Key issues to be determined are: Whether physician-hastened death is a 'medical act' or a 'social intervention.' Who's eligible and by what criteria? Who's involved in the decision-making process and who might carry out the task? Medical personnel? If so, what designation? Doctors only? Or Nurse Practitioners too? What about Non-medical personnel? We know challenges in implementing EOL care in rural areas are significant. Right-to-die access will be equally difficult.

One other controversial topic: a Dr.'s right to refuse - is expected to be left to the Provinces to resolve, ensuring all Canadians have access to the service. Our provincial Hospice/Pal Care association (HPCO) is working with the CHPCA in advocating the position that all Canadians have a right to high quality hospice palliative care at the end of life and the belief that...

"We need to talk about hospice palliative care first." *



LINKS >>

“Doane House Hospice about living before the end, not about dying.” (Aurora Banner)
Click [HERE](#) to read the article!



FROM PAGE 2 - LINK TO DONATE TO DHH - HIKE for HOSPICE & GO FUND ME

http://chpca.convio.net/site/TR/Hike/DoaneHouseHospiceInc?fr_id=1611&pg=entry

DHH Go Fund Me Link: <https://www.gofundme.com/doanehouse>

FROM PAGE 3 - LINKS TO ONLINE TRAINING RESOURCES

CHPCA: <http://www.chpca.net>

e-hospice: <http://www.ehospice.com>

Life and Death Matters: <http://www.ehospice.com>

The Canadian Virtual Hospice:

http://www.virtualhospice.ca/en_US/Main+Site+Navigation/Home.aspx

What's Your Grief?: <http://www.whatsyourgrief.com>

FROM PAGE 5 - LINKS TO MORE ABOUT DR. - HASTENED DEATH LEGISLATION

More about the Supreme Court ruling *Carter vs. Canada*: <http://www.fasken.com/physician-assisted-death/>

More info on the Feb 25th Joint Senate Common's Committee's recommendations:

<http://www.parl.gc.ca/HousePublications/Publication.aspx?DocId=8120006&Language=E&Mode=1&Parl=42&Ses=1&File=9%20>.

More info about 'whipped' or 'free' votes: <https://www.lifesitenews.com/opinion/darkness-descends-on-canada>

More info from HPCO's "Lets Talk about Palliative Care First" media release:

<http://www.hpcoc.ca/hpcfirst/>

More information relating to Dr-hastened Dying images topics:

#1 <http://globalnews.ca/news/2468593/how-should-doctors-help-people-die-canadas-competing-assisted-death-guidelines-explained/>

#2 <http://ipolitics.ca/2016/02/09/doctors-wont-impede-assisted-death-says-cma-in-open-letter/>

#3 <http://www.ccdonline.ca/en/humanrights/endoflife/Vulnerable-Persons-Standard-March2016>

#4 http://www.dyingwithdignity.ca/advance_consent_assisted_dying_poll?gclid=CI-LrOLei8wCFQmRaQod9BkGSg

#5 <http://www.theglobeandmail.com/opinion/doctor-assisted-dying-why-religious-conscience-must-be-part-of-the-debate/article29252574/>

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HIKE for HOSPICE
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