



# Mind-Body Connection

Beginning this fall, Doane House Hospice is offering its' new program.

Mind-Body Connection is a program for those with a life-threatening illness and caregivers.

## Yoga

**Clients & Caregivers**

**Monday Mornings**

**10:30 am- 12:00 pm**

**Saturday Mornings**

**10:00 am - 11:15 am**

**Nov 5th - Dec 17th, 2011**

## Relaxation & Visualization Techniques

**For Those Clients**

**Coping With Cancer**

**Wednesday Mornings**

**10:30am - 12:00pm**

[www.doanehospice.org](http://www.doanehospice.org)



[www.facebook.com/DoaneHouseHospice](http://www.facebook.com/DoaneHouseHospice)

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